

you're not alone



Fussy Baby Network®
Seattle/King County

An affiliate of Fussy Baby Network®
Erikson Institute

we're here to help

all babies cry, but some cry more than others. One in five babies is fussy — difficult to comfort and may have trouble feeding and sleeping. For parents, caring for a fussy baby can be exhausting and frustrating.

There is no quick fix — but there is help. Call the Fussy Baby Network® Seattle/King County, our program for parents who have concerns about their baby's temperament and behavior during the first year of life.

All families of babies 0-12 months are welcome. Fussy Baby Network services are currently available free of charge.

Fussy Baby Warmline

The Fussy Baby team is available by phone to listen, and to provide support and resources. Leave us a message and we'll get back to you within 48 business hours.

Fussy Baby Parent/Infant Program

Infant specialists meet with you in your home (within King County) to explore your concerns and offer support. We will talk about your baby's day, think together about strategies to soothe and calm your baby, and explore ways that you can enjoy your baby more and begin to take care of yourself. For those outside of King County, we offer phone or Zoom support.

Fussy Baby Network® **We're here to help.**

**Cooper
House**

therapy & developmental support
for young children & their families

225 14th Avenue East
Seattle, WA 98112

(206) 906-9622

email: fussybaby@cooperhouse.org
www.cooperhouse.org/fussybaby

Call (206) 906-9622



“ My baby cries so much.
I feel like crying too. ”



“ We're all exhausted.
No one sleeps anymore. ”



“ We're beginning
to figure him out! ”

Proudly serving moms,
dads, grandparents,
foster parents,
and caregivers
of all kinds.

Fussy Baby Network® Seattle/King County is a project of Cooper House, in partnership with Erikson Institute, a graduate school in child development located in Chicago. For more information about Erikson Institute, please visit www.erikson.edu.

To learn more about Cooper House, including information on the range of services we offer to support the healthy social-emotional development of young children, please visit www.cooperhouse.org

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