

April 10, 2023 COVID-19 Update

Cooper House continues to prioritize your wellness and safety. The following information relates to safety for therapy sessions.

- If you are sick, please stay home. Cooper House will no longer be conducting health screenings at the beginning of visits. If staff, clients, or visitors answer yes to any of the following questions, please stay home:
 - 1. Do you have any of these symptoms that are not caused by another condition?** Fever of 100 degrees, chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, recent loss of taste or smell, sore throat, congestion, nausea or vomiting, diarrhea.
 - 2. Within the past 14 days, have you been in close contact with anyone that you know had COVID-19 or COVID-like symptoms?** Close contact is being within 6 feet for 15 minutes or more over a 24-hour period with a person; or having direct contact with fluids from a person with COVID-19 with or without wearing a mask (i.e., being coughed or sneezed on).
 - 3. Have you had a positive COVID-19 test for active virus in the past 10 days, or are you awaiting results of a COVID-19 test?**
 - 4. Within the past 14 days, has a public health or medical professional told you to self-monitor, self-isolate, or self-quarantine because of concerns about COVID-19 infection?**
- If you need to cancel appointments with less than 48 hours' notice due to health screening or need for self-isolation or quarantine, you will not be charged a cancellation fee. Cancellations with less than 48 hours' notice for other reasons will continue to result in a late cancellation fee.
- When you arrive at Cooper House, please use the outdoor keypad to let yourself into the waiting room. After you enter, please use the call button to let your therapist know that you are here. While you wait, it's a good time to wash your hands.
- Due to declining rates of infections and the end of universal masking requirements in healthcare settings by the Washington State Department of Health, we no longer require masks to be worn on site at our facilities. You are welcome to continue to wear masks. Please let staff know if you would like them to wear masks during your sessions, they are happy to comply.
- Staff will be staying home if they are sick. If employees need to stay home, they will be in touch with you to cancel, reschedule or change your session from in-person to telehealth. All Cooper House employees who work on site are fully vaccinated.
- Our custodians and staff keep our facilities disinfected and clean. We have improved ventilation in our facilities to meet CDC recommendations.

Thank you for helping us keep our community safe. If you have any questions or suggestions, please feel free to talk with your therapist or our Managing Director at jhinton@cooperhouse.org.